



Patient Quiz Re-Take

1) Chiropractic is the detection and correction of?

- subluxation
- pain
- fractures

2) Subluxation is a bone out of place with the one above, below, or both causing?

- pain
- loss of blood flow
- nerve interference or loss of nerve flow

3) Only __% of nerve fibers have to do with pain.

- 20%
- 50%
- 70%
- 10%

4) __% of nerve fibers control body function like muscle strength, sensation, and organ function (like heart, lung, and digestion).

- 10%
- 90%
- 70%
- 30%

5) Every inch of head forwardness results in the feeling like it weighs an extra ___ pounds.

- 5 pounds
- 10 pounds
- 20 pounds
- 2 pounds

6) Scoliosis is a __ degree or more front view curve of the spine.

- 20
- 10
- 5
- 1
- 25
- 40
- other (please specify) _____

7) Care designed to get you out of pain ASAP but symptoms may return with lack of structural correction. Visits are usually daily until symptoms are resolved.

- Patch/Pain Relief
- FIX / Corrective
- Prevention

8) Care is designed to improve and stabilize alignment of the spine with the goal to maximize health preventing degeneration as well as future pain and health crisis. Visits range from twice daily to three times per week.

- Patch/Pain Relief
- FIX / Corrective
- Prevention

9) Care is designed to maintain spinal alignment and health. Care is in the absence of symptoms and for the correction of the cause of disease. Visits range from weekly to monthly depending on your stress level.

- Patch/Pain Relief
- FIX / Corrective
- Prevention

10) ____ is a specific high velocity low amplitude force applied to the spine to re-align the spine, reduce subluxation and improve nerve flow with the use of hand or instrument.

- Adjustment
- Physical Therapy
- Drugs
- Surgery